



USTA League provides fun and competitive matches for thousands of tennis players nationwide. It also gives players the opportunity to experience team camaraderie, to improve their tennis skills, to meet and compete against new players and to participate in competition beyond local league play.

USTA League – Adult 18 & Over, Adult 40 & Over and Adult 55 & Over Division

Are for men and women 18 years of age or older, with championship layers, culminating in a National Championship.

NTRP levels for Adult 18 & Over age group are 2.5 (women), 3.0, 3.5, 4.0, 4.5, and 5.0+.

NTRP Levels for Adult 40 & Over age group are 3.0, 3.5, 4.0 and 4.5+.

Team match format is two singles matches and three doubles matches ** (see below).

2.5 and 5.0+ NTRP levels play one singles match and two doubles matches.

NTRP Levels for 55 & Over age group are 6.0, 7.0, 8.0 and 9.0 * (see below).

Team match format for Adult 55 & Over age group is three doubles matches ** (see below). Sections are encouraged to add an Adult 65 or 70 & Over age group locally.

USTA League – Mixed Doubles Division

Are for men and women 18 & Over, 40 & Over, with championship layers culminating in a National Championship.

Team match format is three doubles matches * (see below). NTRP levels for 18 & Over are 6.0, 7.0, 8.0, 9.0 and 10.0. For 40 & Over NTRP levels are 6.0, 7.0, 8.0 and 9.0 and for 65 & Over NTRP levels are 6.0, 7.0, 8.0 & 9.0.

USTA Flex Leagues

Are specifically designed to help you fit tennis into your busy life! You decide whether to play singles or doubles (no team is required) at whatever time is convenient for you. With Flex Leagues, you make the schedule.

** The total of the ratings of the two players of each doubles team may not exceed the NTRP level of the team (i.e., 7.0 team could use a combination of two 3.5 players, a 4.0 partnered with a 3.0 player, or a 3.0 player with a 3.5 player.)*

*** Team match formats refer to Championships. Local areas may use an alternative format but must comply with the Championship format as teams advance*