

UP & DOWN THE RIVER



FORMAT DESCRIPTION

This competitive format allows players to play a variety of different opponents and gain experience. After several rounds, matches will become more level-based as players move towards their appropriate level.

VARIATION

- Effective with large numbers of players and courts.
- Use traditional scoring or timed matches.

AGES

Recommended for more experienced players at the top of red, through orange and green.

SETUP AND PLAY

- Assign players a court.
- Begin each point with a drop hit or serve.
- Play timed matches or a set number of points.
- When time is called or the match ends, each player moves on to play a different opponent.
 - The winner moves up; the runner-up moves down.
 - If players win on the top court or lose on the bottom court, they stay on the same court.

